

MATURE MATTERS  
WILLIAMSBURG  
COUNCIL ON AGING

TAX INFORMATION

You can get help preparing your taxes through the local AARP volunteer, Kate Davidheiser. She is helping area elders with completing their state and federal tax returns on Thursday mornings by appointment at the COA office, no longer at the library.. **You must have an appointment. Call the Williamsburg Council on Aging at 268-8407 to schedule an appointment.**

It is important that you call soon. Last year we had to refer some people to Hatfield because we did not have any more openings. Last year Kate saw an amazing 64 people all together! So, make sure you call



early.

We have some brochures at the COA entitled *The Circuit Breaker: Tax Relief for Massachusetts Senior Citizens* that were sent to us by State Senator Benjamin Downing. If you would like a copy give us a call or come in and pick up one. If you schedule an appointment to have your taxes done, Kate will make sure you get this tax credit if you are eligible for it.

There is a Taxpayer Advocate Service (TAS), an independent organization within IRS, that can help people who are seeking to resolve tax problems not resolved through normal means. For more information call 1-877-777-4778.

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MARCH, 2009

P. O. Box 193, HAYDENVILLE, MA 01039  
413-268-8407-COA@BURGY.ORG  
WWW.BURGY.ORG

### Growing Number of Elders

Here in Williamsburg the number of people age 60 and over has risen to **572 as of 12/31/08**. Only 4 years ago on 12/31/04 the number was only 475. **That means that there are nearly 100 more elders in town than just 4 years ago or an increase of more than 21%**. The greater numbers of elders means, of course, a greater demand for services at a time when the economy is so bad that budget cuts are inevitable. What can you do to help? Well, there is the obvious. We cannot charge fees (except for newsletter advertisements) but we do accept donations of any amount, both money and in-kind donations. But, also you can help by volunteering your time. Volunteers can help by providing rides to elders, assisting with office work, helping out in the meal site, keeping our library in order, soliciting ads for the newsletter, helping with bulk mailings, serving on the Council on Aging board, helping out with Brown Bags, running a group or class, and more. We are very open to your ideas about how you can help and make use of your skills. Just give us a call at 268-8407 or drop by and speak with us in the COA office.

*If there's no chocolate in heaven, I'm not going.*

*As you get older your secrets are safe with your friends because they can't remember them either.*

*Forget health food. I'm at an age when I need all the preservatives I can get.*

Submitted by Desiree Jarosz

New members welcome in intergenerational **Quilting Class**. Adults of any age are welcome. For more information call 268-8407.

## REGULARLY SCHEDULED ACTIVITIES

Please call 268-8407 to register for classes and activities.

<b>MONDAYS</b>	Line Dancing 9:30 a.m.	
<b>TUESDAYS</b>	Quilting Class 9 a.m.—noon. Avada Hearing Screenings by appt.	
<b>WEDNESDAYS</b>	Lunch: 11:45 a.m. Foot Care 2nd Wednesdays by appt. Veterans Agent-4th Wed. 11-1 p.m.	
<b>THURSDAYS</b>	Tai Chi at 9:30 a.m. Blood pressure: 2nd Thu. 11:15 a.m. Taxes in a.m. by appt.	Writing 10 a.m. (held at Meekins Library) Lunch at 11:45 a.m. followed by cards. Brown Bag on 4th Thu.
<b>FRIDAYS</b>	Computer classes by appointment only.	
<b>NASH HILL PROGRAMS</b>	Varying days and times. Call 268-8407 for information.	

## Nash Hill Elevator Committee

Phil Reid, Mae Smith and Sandra Leary were appointed by the Select Board to the Nash Hill Elevator Committee. They are working with Jacquelyn Burgin from Hilltown CDC on this proposed project. HCDC has submitted an application for federal funds to build the elevator. Preliminary drawings by the architect show the elevator will be located in front of the building near the main entrance. An elevator will make the second floor of Nash Hill Place to people who cannot make it up the stairs. The lack of an elevator has made waiting for a first floor accessible apartment a very long process. Recently someone had to wait two years to get in. And, some people who really need to be on the first floor have accepted second floor apartments because they could not wait any longer. This means that some residents are going up and down stairs with great difficulty. Let us hope that despite the economic crisis that federal funding on this important project will be approved.

WILLIAMSBURG COUNCIL ON AGING  
P.O. BOX 193  
HAYDENVILLE, MA 01039-0193  
(141 Main St. Rm. 102)  
Phone: 413-268-8407  
Fax: 413-268-8409  
Email: [coa@burgy.org](mailto:coa@burgy.org)  
[www.burgy.org](http://www.burgy.org)

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**Happy Spring!!! It's about time.**

*Where concerns of elders matter.*

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